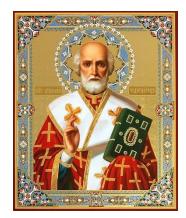
# St. Nicholas Serbian Orthodox Church Monroeville Weekly Bulletin – March 31st, 2024

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### **Sunday of St. Gregory Palamas**

### **Tone 2 Tropar (Resurrection)**

When You descended to death, O Life Immortal, You slew hell with the splendor of Your Godhead. And when from the depths You raised the dead, all the powers of heaven cried out: "O Giver of life, Christ our God, glory to You!"

# **Tone 8 Tropar (St. Gregory Palamas)**

O light of Orthodoxy, teacher of the Church, its confirmation, O ideal of monks and invincible champion of theologians, O wonderworking Gregory, glory of Thessalonica and preacher of grace, always intercede before the Lord that our souls may be saved!

## **Tone 8 Kontakion (St. Gregory Palamas)**

Holy and divine instrument of wisdom, joyful trumpet of theology, together we sing your praises, O God-inspired Gregory. Since you now stand before the Original Mind, guide our minds to Him, O Father, so that we may sing to you: "Rejoice, preacher of grace!"

### **Tone 4 Kontakion (from the Lenten Triodion)**

Now is the time for action! Judgment is at the doors! So let us rise and fast, offering alms with tears of compunction and crying: "Our sins are more in number than the sands of the sea; but forgive us, O Master of all, so that we may receive the incorruptible crowns!"

Epistle - Hebrews 1:10-2:3, Gospel - Mark 2:1-12

### Alleluia Verses

- v. May the Lord hear you in the day of trouble! May the name of the God of Jacob protect you! (Ps. 19:1)
- v. Save the King, O Lord, and hear us on the day we call! (Ps. 19:9)

#### Instead of It is Truly Meet - Hymn for St. Basil's Liturgy

All of creation rejoices in you, O Full of Grace: the assembly of angels and the race of men. O sanctified temple and spiritual paradise, the glory of virgins, from whom God was incarnate and became a Child – our God before the ages. He made your body into a throne, and your womb He made more spacious than the heavens. All of creation rejoices in you, O Full of Grace. Glory to you!

#### **Lenten Schedule**

- Presanctified Liturgy every Wednesday at 6PM
- April 7 Annunciation, Fish permitted
- April 18 Canon of St. Andrew 6PM
- April 28 Palm Sunday, Fish permitted
- April 29-30 Holy Monday/Tuesday Bridegroom Matins at 6PM
- May 1 Holy Wednesday Unction TBD
- May 2 Holy Thursday 8am Vesperal Liturgy, 6pm Matins of the 12 Gospels
- May 3 Holy Friday 8am Royal Hours, 6pm Vespers and Matins with Lamentations
- May 4 Holy Saturday 10am Vesperal Liturgy
- May 5 Pascha 8:30am Matins and Liturgy
- May 6 St. George 8am Liturgy

#### **Announcements**

- <u>Lenten Vespers TODAY 3/31 5PM -</u> Our parish is hosting this week! Please join us for vespers followed by a lenten dinner.
- RSVP Now: April 29th Children's Dinner, Vespers & Egg-dying Activity All church families are invited to participate in the upcoming Lenten Activity. Monday, April 29th at St Nicholas Church
  - o Light, Posno Dinner will be available for families starting at 5p
  - o Attend Vespers at 6p
  - o Egg-dying activity to follow. Please feel free to come dressed in play clothes or bring a change of clothes, as this can be a messy activity!
  - o Please bring (1) dozen of already hard-boiled eggs to church that evening.
  - o RSVP by 4/26/24 here
  - o Reach out to Miranda Lazic lazicmiranda@gmail.com with any questions
- <u>IOCC Health Kit Drive April 13 11:30-1 Holy Cross Greek Orthodox Church, Pittsburgh -</u> The IOCC Pittsburgh Metropolitan Committee plans to hold an Emergency Health Kit Drive and Assembly project. All Orthodox Youth are asked to participate. This drive is meant to:Help provide essential aid to people in the aftermath of disasters; Introduce our youth to performing philanthropic works via IOCC; Teach our youth to work together in His name; Build a bridge between the youth of all Orthodox jurisdictions so that we may serve together as a larger community, to His glory.
  - o Contact Amy Yurko ashimonovich@comcast.net if you would like to attend from our parish!
- Posne Soups! 4/14 Our Kolo will be selling Posno Soups on after church. There will be no pre-orders.
- Neighborhood Resilience Project Collection During this Lenten Season, we'll be collecting non-perishable items that will go towards Saint Moses the Black Orthodox Church which is located in the Hill District. It is in affiliation with the Neighborhood Resilience Project which was founded in 2011. The church provides pastoral support and spiritual direction to this organization. Donations can be canned and boxed food, personal care products, diapers, cleaning products etc. Only request is that items are brought in a bag or a box, and placed on the stage in our social hall. Items will be accepted through Sunday April 28th. For additional information about Saint Moses the Black Orthodox Church and the Neighborhood Resilience Project, visit https://www.stmosesonthehill.com/. Please contact Dushan Markoff at Daniel.Markoff@yahoo.com if you have any questions. Thanks in advance for your support!
- Free Spiritual Growth and Fellowship Opportunity Everyone is cordially invited to attend our weekly Wednesday evening prayer service and Orthodox Book and Bible Study Class. An Akathist to St. Nicholas is served at 6:30 PM immediately followed by our (approx.) one hour class in the church hall led by our Beloved Father Stefan. Please give it a try! We would sincerely love to see all of you there! Make the time. Make the effort. Spiritual satisfaction 100% guaranteed!!
- <u>Cevapi For Sale!</u> Tammies will be selling frozen cevapi for \$18 a dozen. We will be accepting orders until Monday, April 1st. You can order and pay on the church website or you can contact Alexis at djaniga872@comcast.net or 412.965.5602 to place your order. All cevapi will be ready for pickup any Sunday after church starting on April 21st. They are a perfect addition to your Easter dinner and are great to have in your freezer to throw on the grill during the summer!